



## **Guidelines for Continuing Professional Development – FEB 09**

**15 CPD points need to be accrued every calendar year.**

Teachers who fail to complete 15 points a year of CPD may have their Teaching Insurance Cover withdrawn.

### **HOW TO GAIN CPD POINTS**

**CPD points can be accrued by attendance/completion of 1 to 6.**

#### **1. IST Events**

#### **2. Distance Learning IST**

These both accrue 7 ½ points because they have BWY-Approved Schemes of Work.

**3. First Aid Days/Courses** – Accrue 5 points whatever the length.

**4. BWY Modules** – Accrue 1 point per hour.

### **Numbers 1 to 4 – CAN be advertised stating the number of CPD points**

**5. Directed Private Study** – Which must be for a minimum of 7.5 hours Home Study to accrue a Maximum of 5 CPD points in any one year.

#### **6. Other Yoga Events or Relevant Training Events**

**Seminars or Workshops similar to class practice do not count.**

**These Events should DEVELOP/IMPROVE your TEACHING**

They have the potential to count as 1 point per hour.

The Attendee needs to decide how many points an event can accrue, it is NOT up to the Organiser.

**Number 6 CANNOT be advertised as CPD or state the number of CPD points.**

## **CPD FORMS**

### **1. CPD Record Sheet**

You are advised to keep this form up to date with a receipt or record of attendance/completion/certificate attached as proof.

This system is SELF CERTIFICATION but the BWY retains the right to require its teachers to submit their CPD Record Sheet at any time.

### **2. CPD Directed Private Study Form**

## **15+ CPD POINTS**

If you accrue more than 15 CPD points in any calendar year you may carry forward up to 5 points to the following year.

## **EXEMPTION**

**Exemption from CPD in a particular year will be allowed in the following circumstances**

Personal illness or injury  
Bereavement or severe illness of a close family member  
Pregnancy and childbirth  
Moving house  
Divorce

If you are claiming exemption, you must still print off the CPD Record Sheet and write the reason or reasons for exemption.

If you are claiming a second year of exemption you must write to NISTO via Central Office who will then grant or refuse exemption depending on the circumstances.

Any queries please contact [NISTO@bwy.org.uk](mailto:NISTO@bwy.org.uk)